



Design Thinking & Research

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A professional headshot of Milla Mäkinen. She is a woman with shoulder-length brown hair, wearing dark-rimmed glasses, a maroon blazer over a black top, and small gold hoop earrings. She is smiling and looking slightly to the right of the camera. A vertical pink bar is on the left side of the image.

Milla Mäkinen

- Principal Research Scientist, HAMK University of Applied Sciences, HAMK Edu Research Unit
- Background: social sciences, Ph.D (social work & service design)
- 20 years of work experience in facilitating, researching and teaching change in different organizational and social contexts inside and outside of Finland, incl. as an entrepreneur

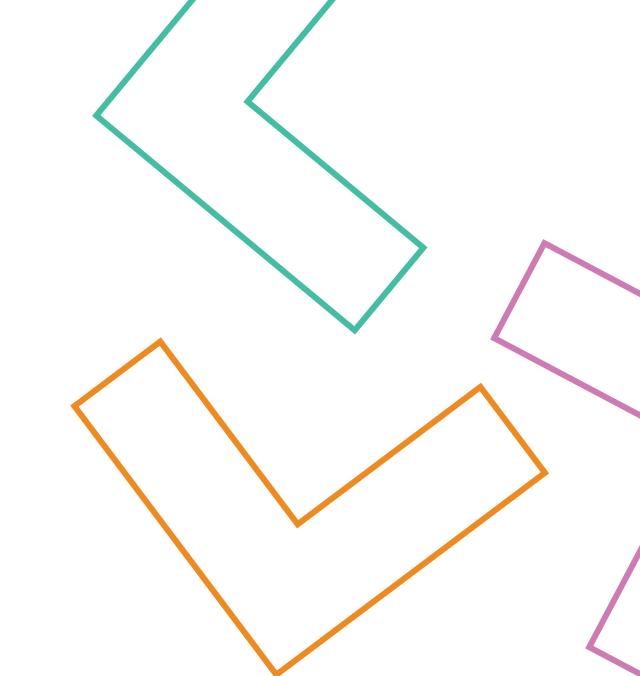
COMING UP

01 What is Design Thinking?

02 How Design Thinking Links to Innovation?

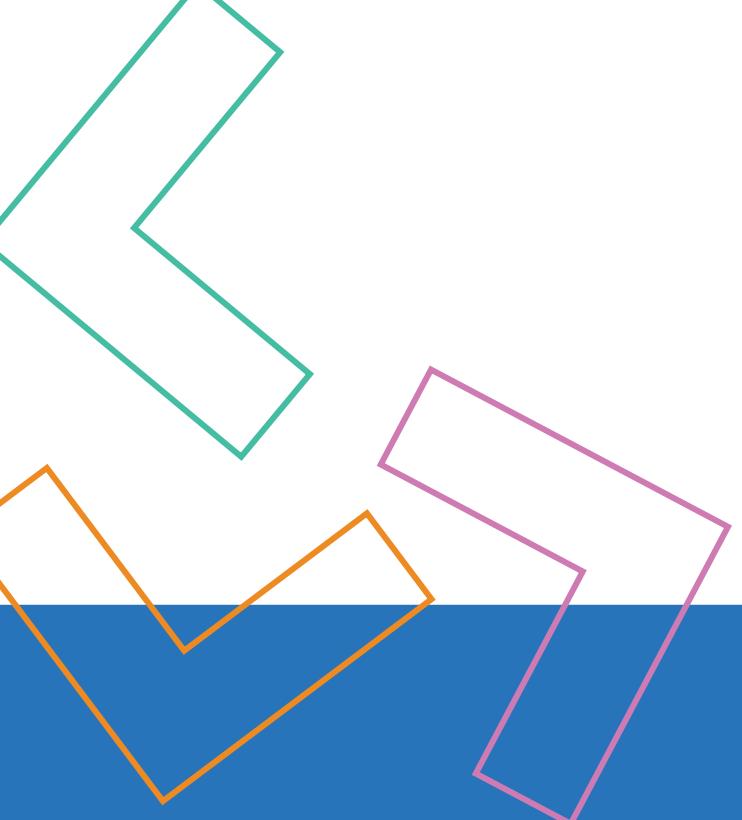
03 How to Combine Design Thinking with Research?

04 Fill the Self-Declaration Form! 😊



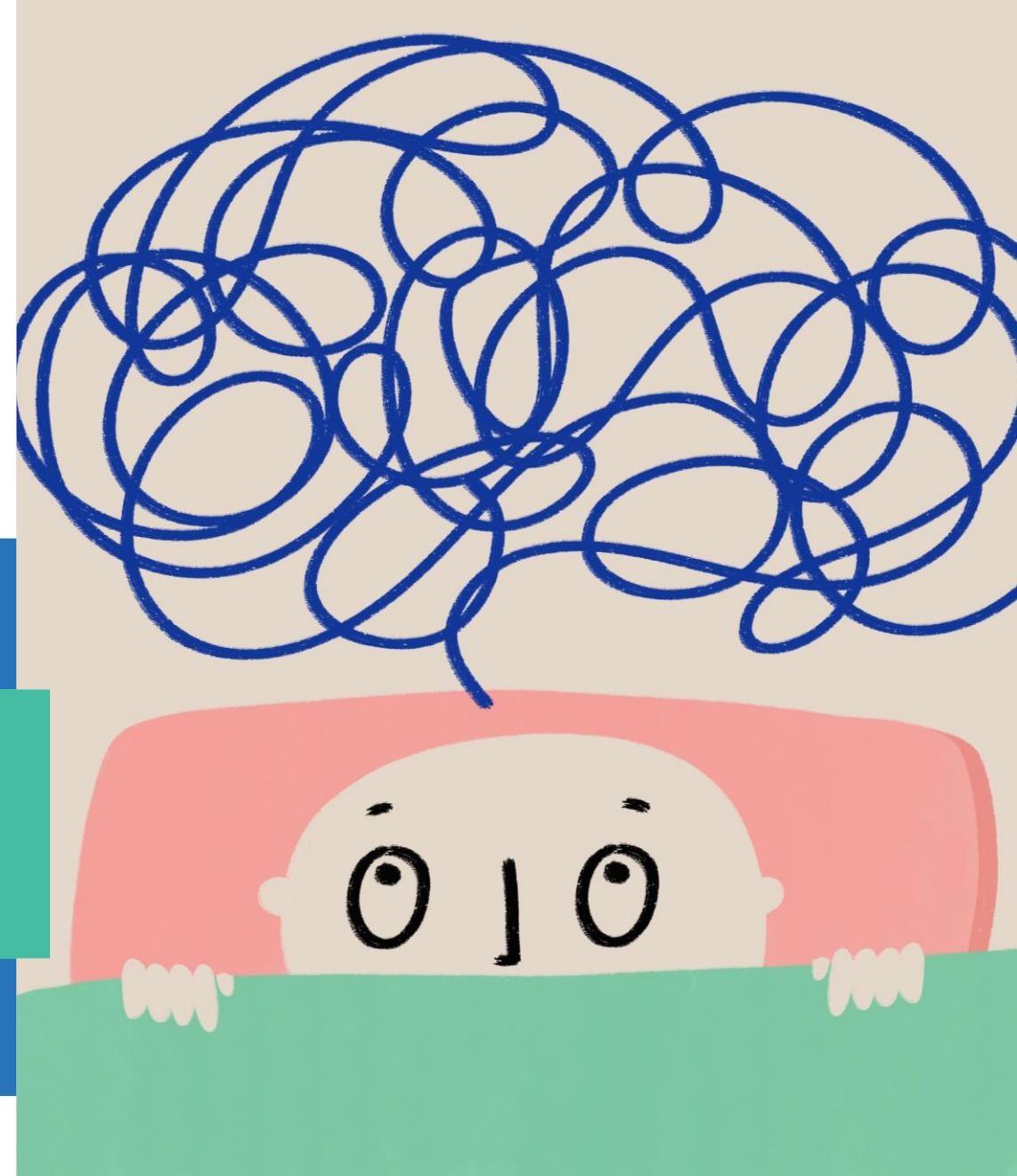
CURIOSITY IS AT THE HEART OF INNOVATION

Write down at least **one question** during the webinar and be prepared to share it with others.



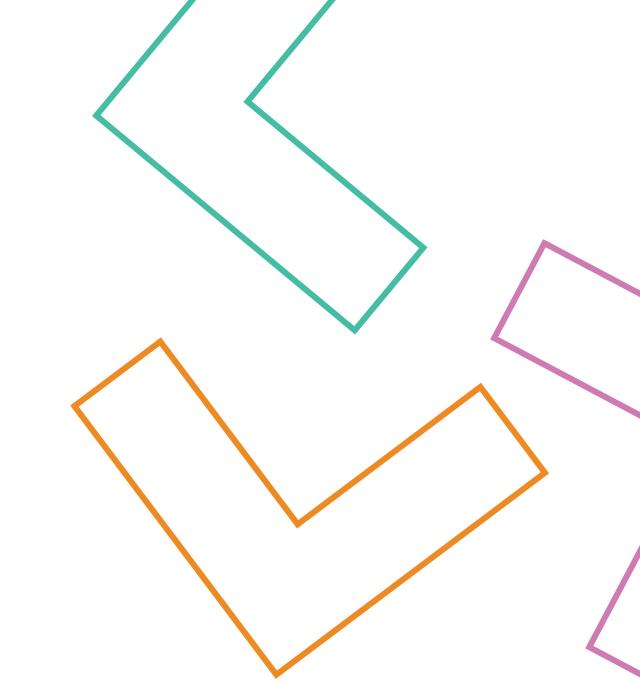
DESIGN THINKING

01





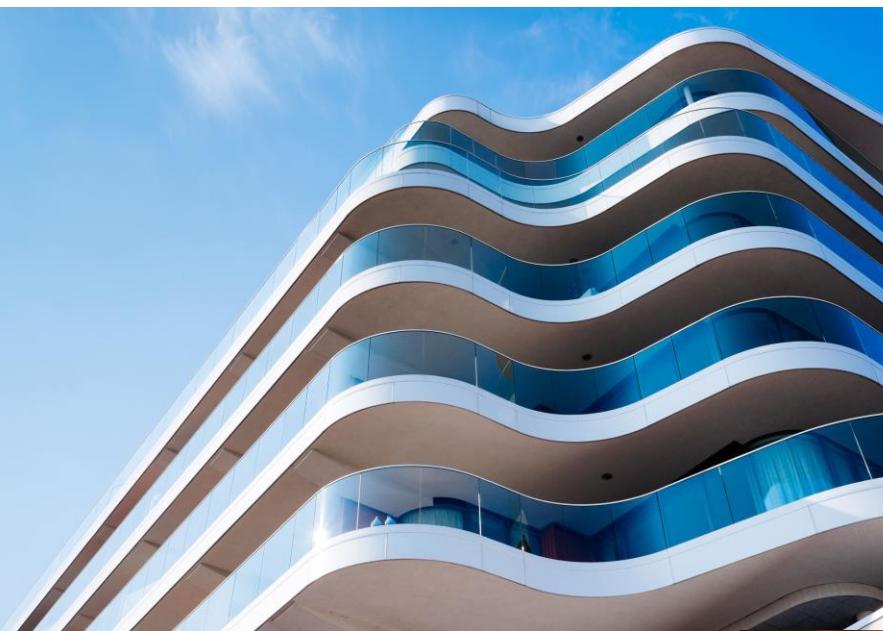
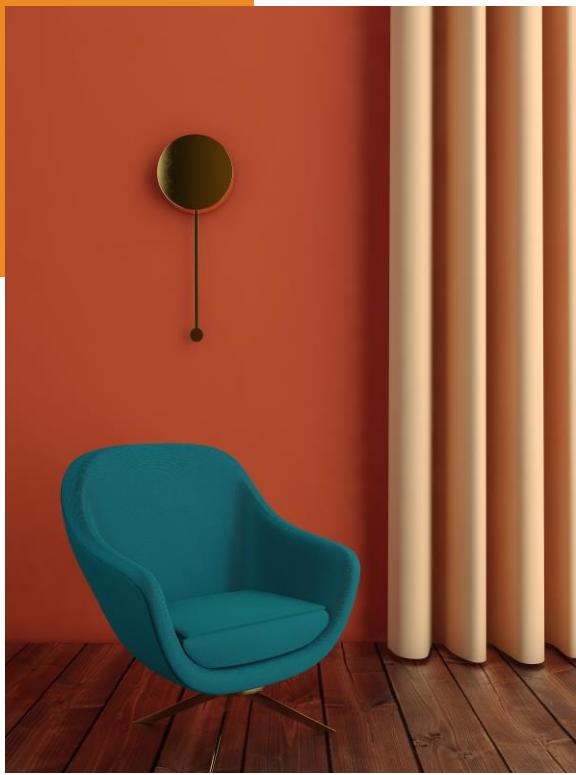
WHAT IS DESIGN?



Take a moment to think about it and write your answer down.

DESIGN

human-centered design
architecture
planet-centric design
interior design
UX design
web design
fashion design
service design
industrial design
graphic design
landscape design
urban design



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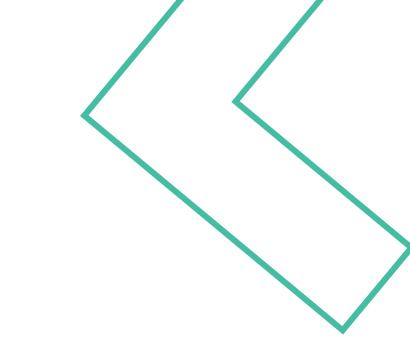
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bioeconomy, future industries, and social innovation



DESIGN

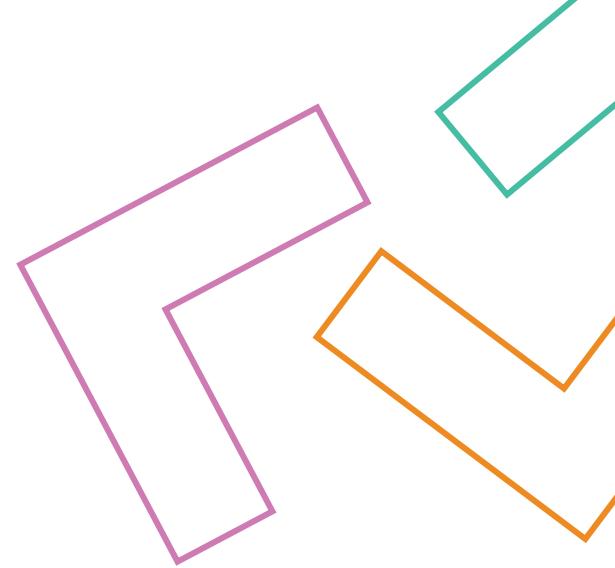
...is form-giving

DESIGN

Design is what happens when people use creativity to solve problems.

Design Council

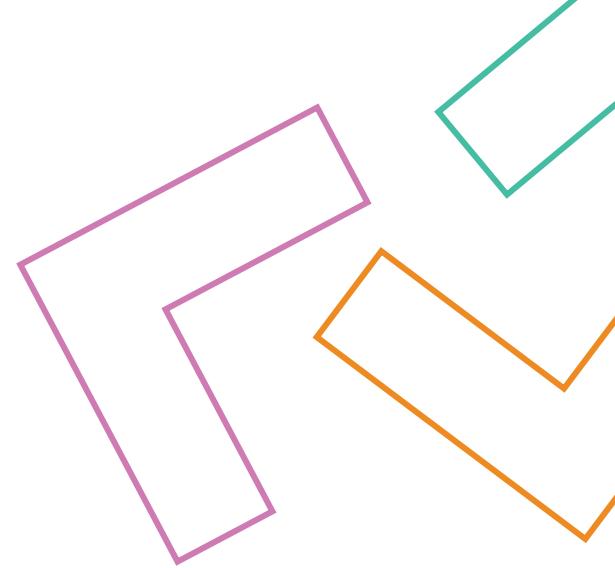
WHAT IS DESIGN *THINKING*?



DESIGN THINKING

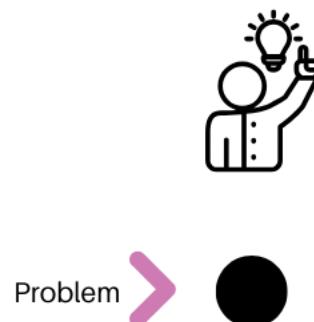
...is an approach to creative thinking that can lead to innovation

...concretized through different models



DESIGN *THINKING MODELS*

Double Diamond

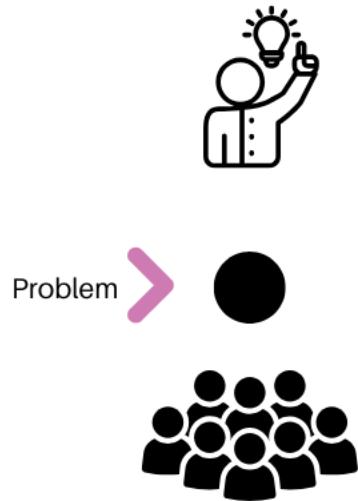


Double Diamond (Design Council)



DESIGN *THINKING MODELS*

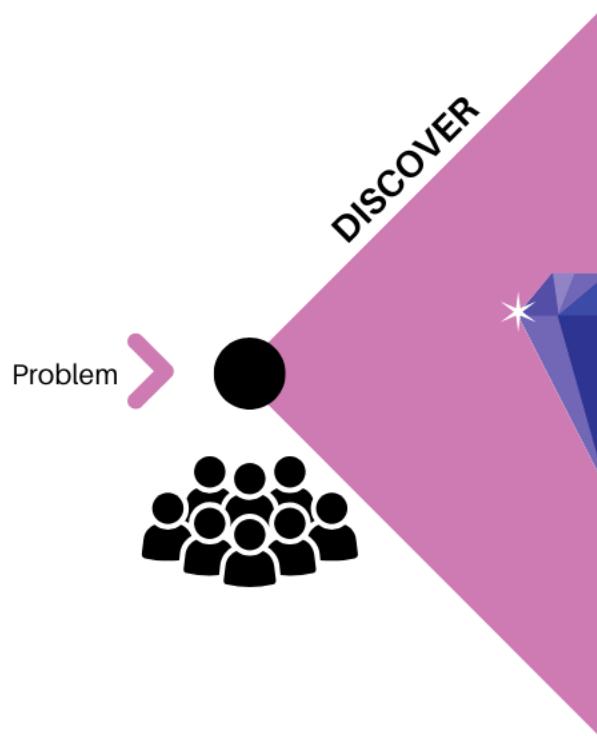
Double Diamond



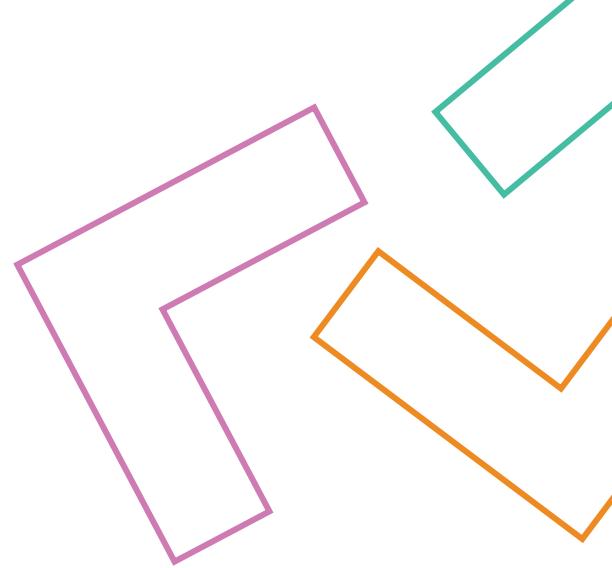
Double Diamond (Design Council)

DESIGN THINKING MODELS

Double Diamond

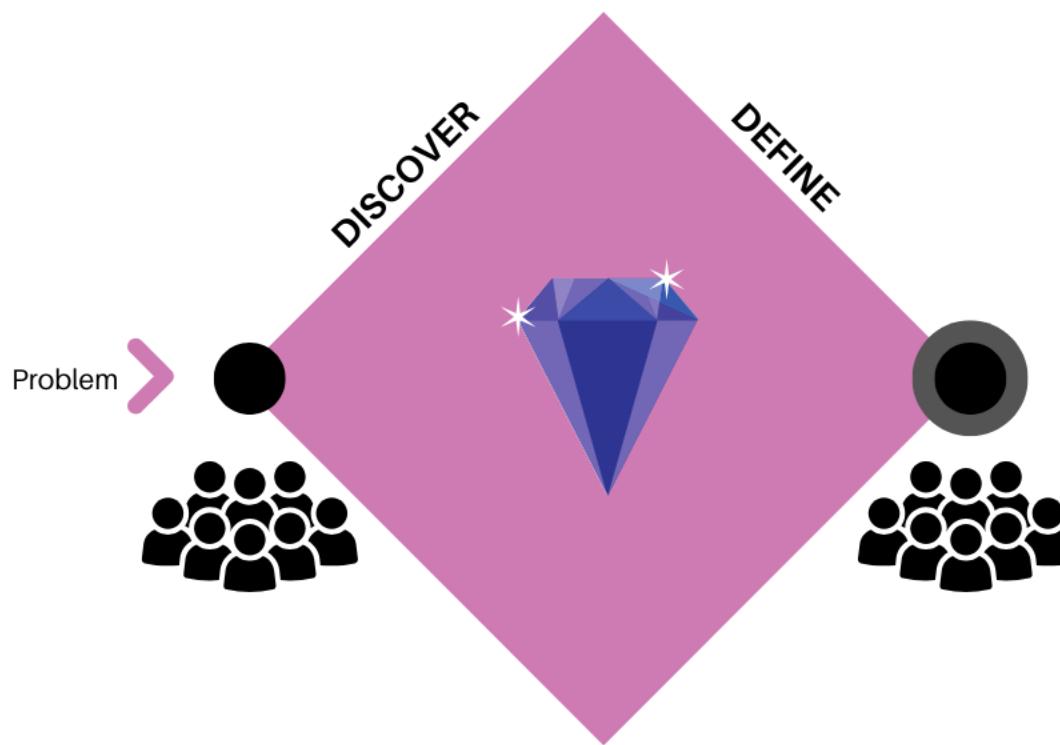


Double Diamond (Design Council)



DESIGN THINKING MODELS

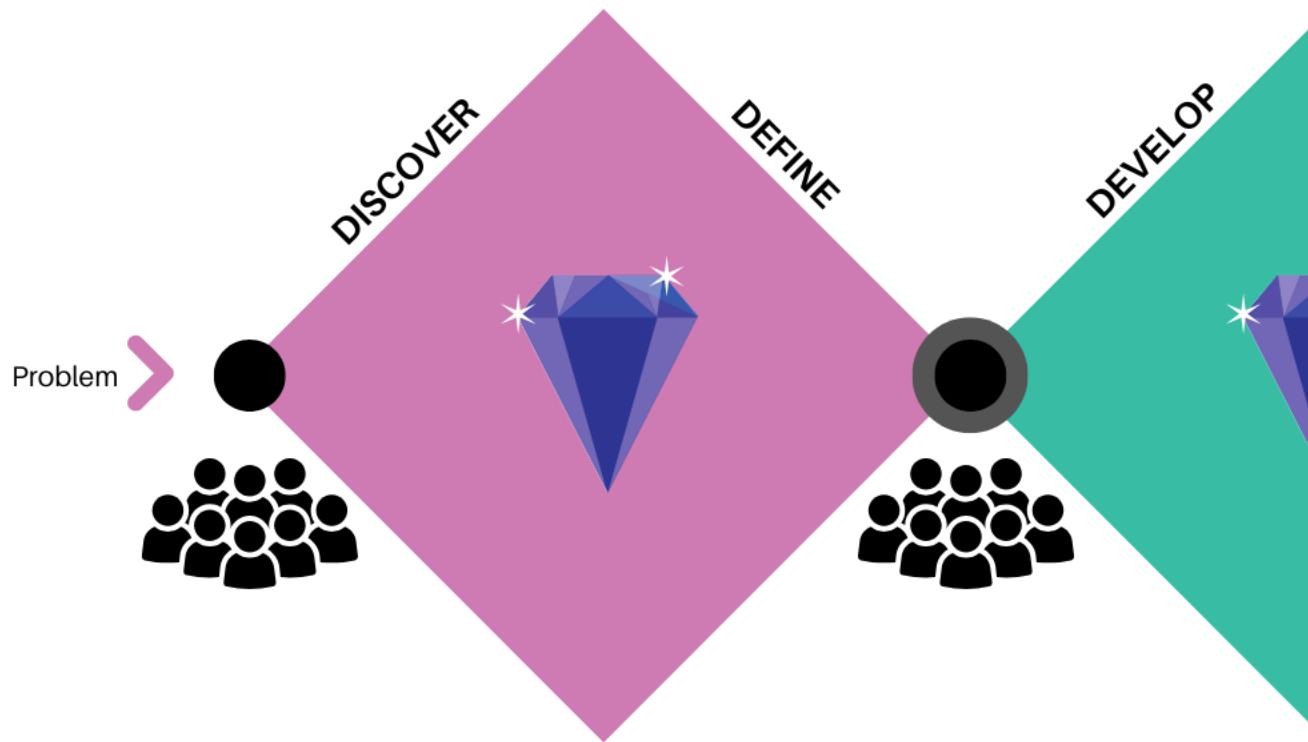
Double Diamond



Double Diamond (Design Council)

DESIGN THINKING MODELS

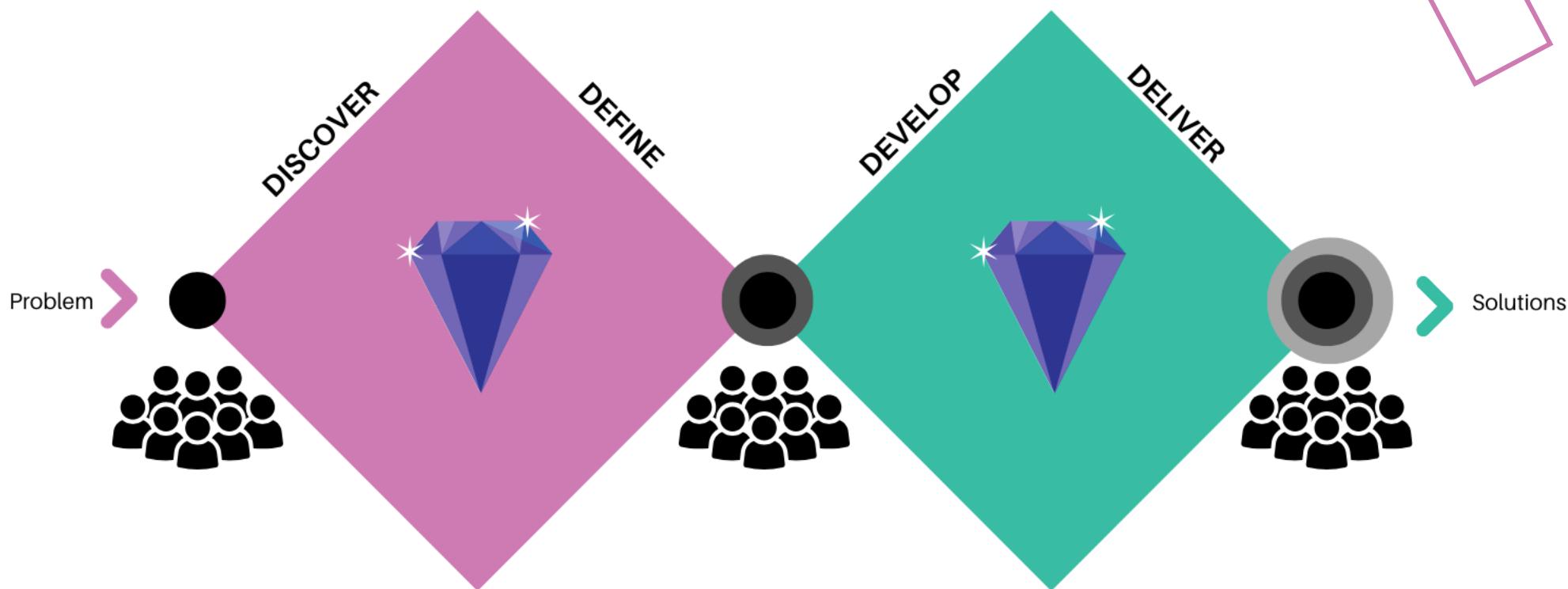
Double Diamond



Double Diamond (Design Council)

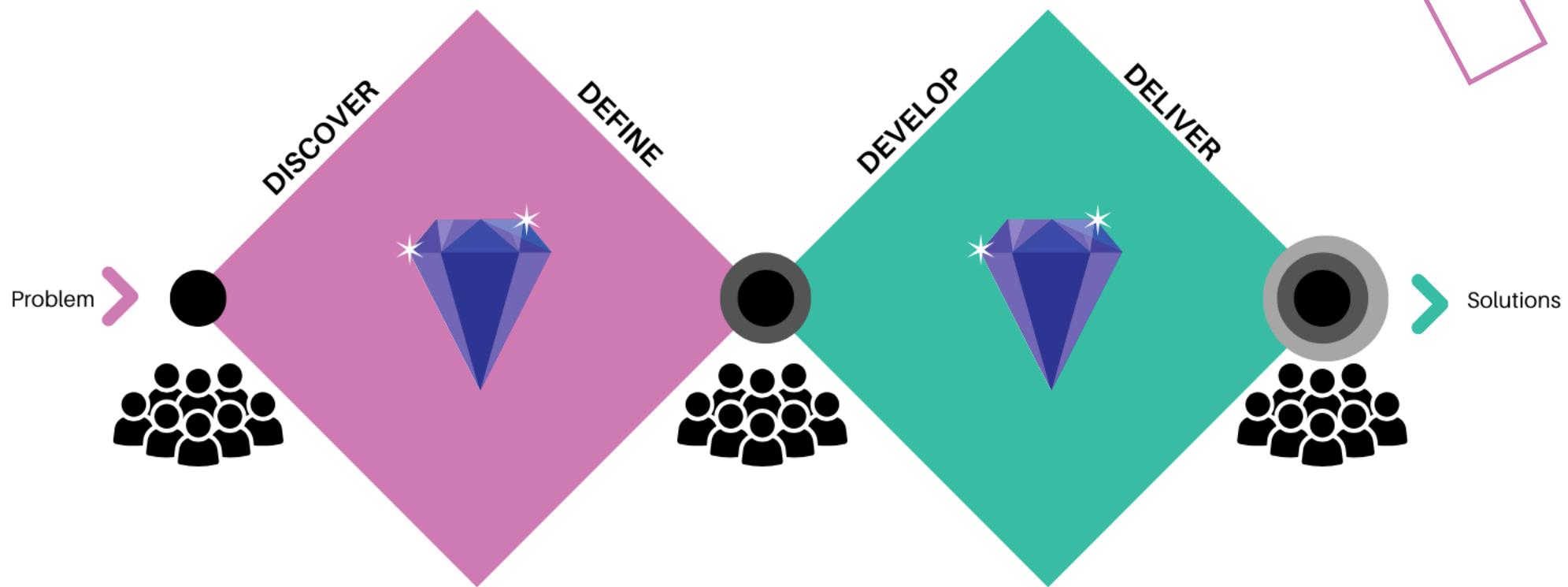
DESIGN THINKING MODELS

Double Diamond



Double Diamond (Design Council)

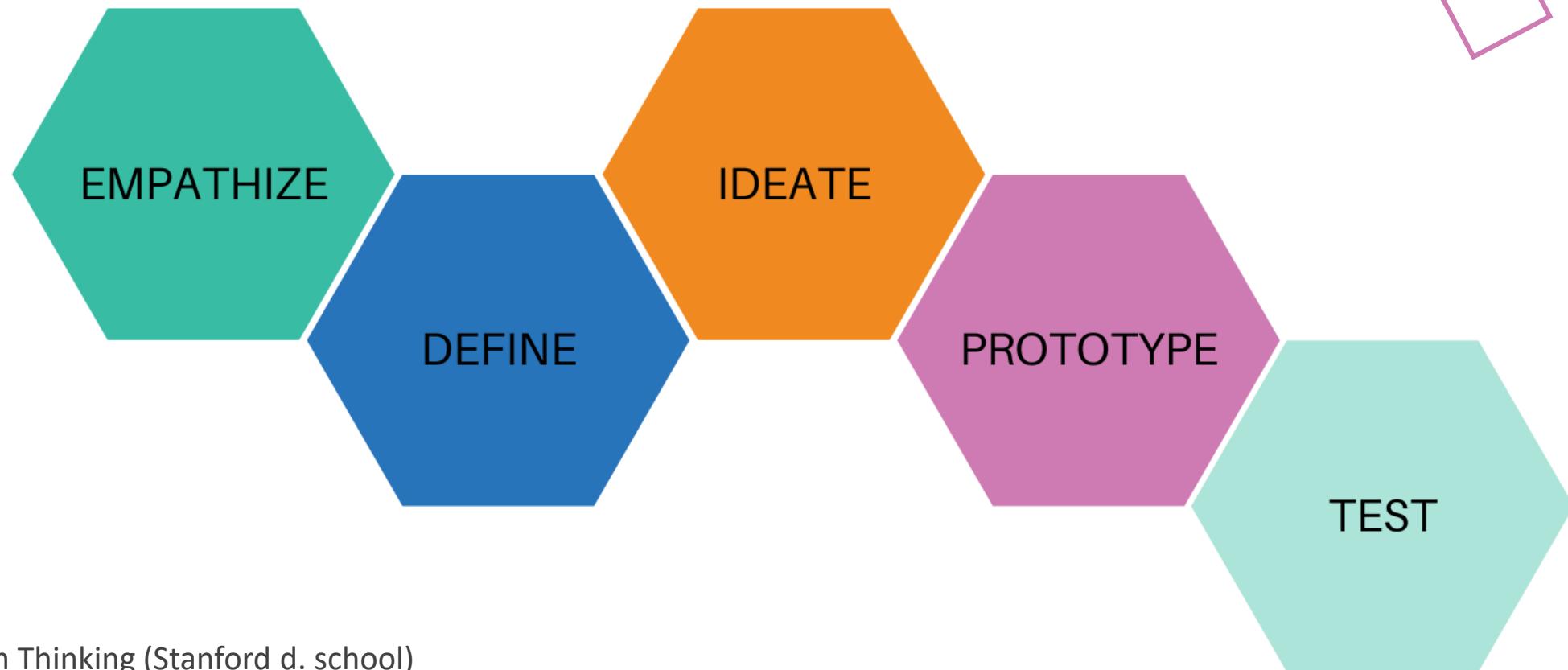
- ❖ Make discoveries about problems
- ❖ Create possible solutions



Double Diamond (Design Council)

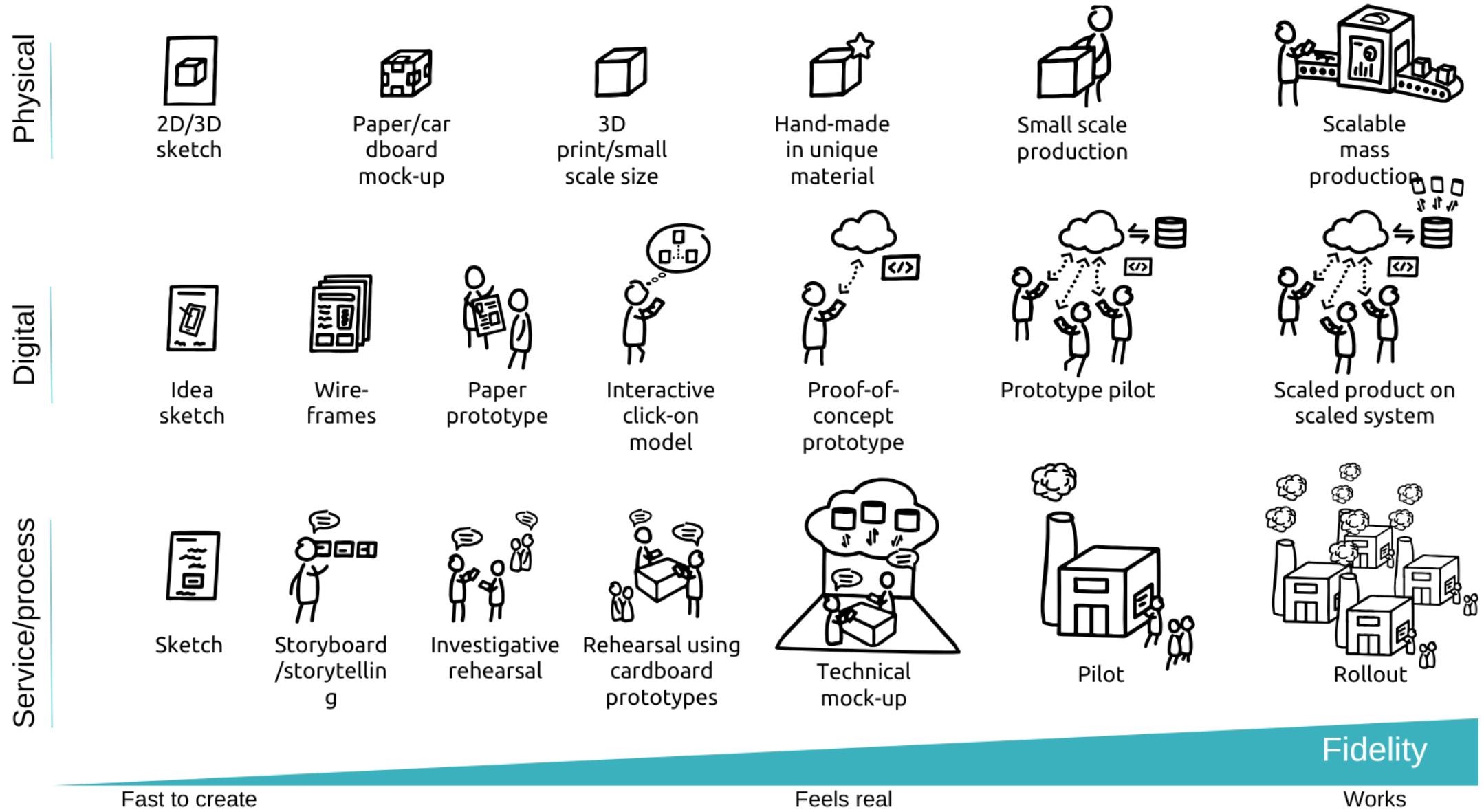
DESIGN *THINKING MODELS*

Stanford d. school



Design Thinking (Stanford d. school)

PROTOTYPING

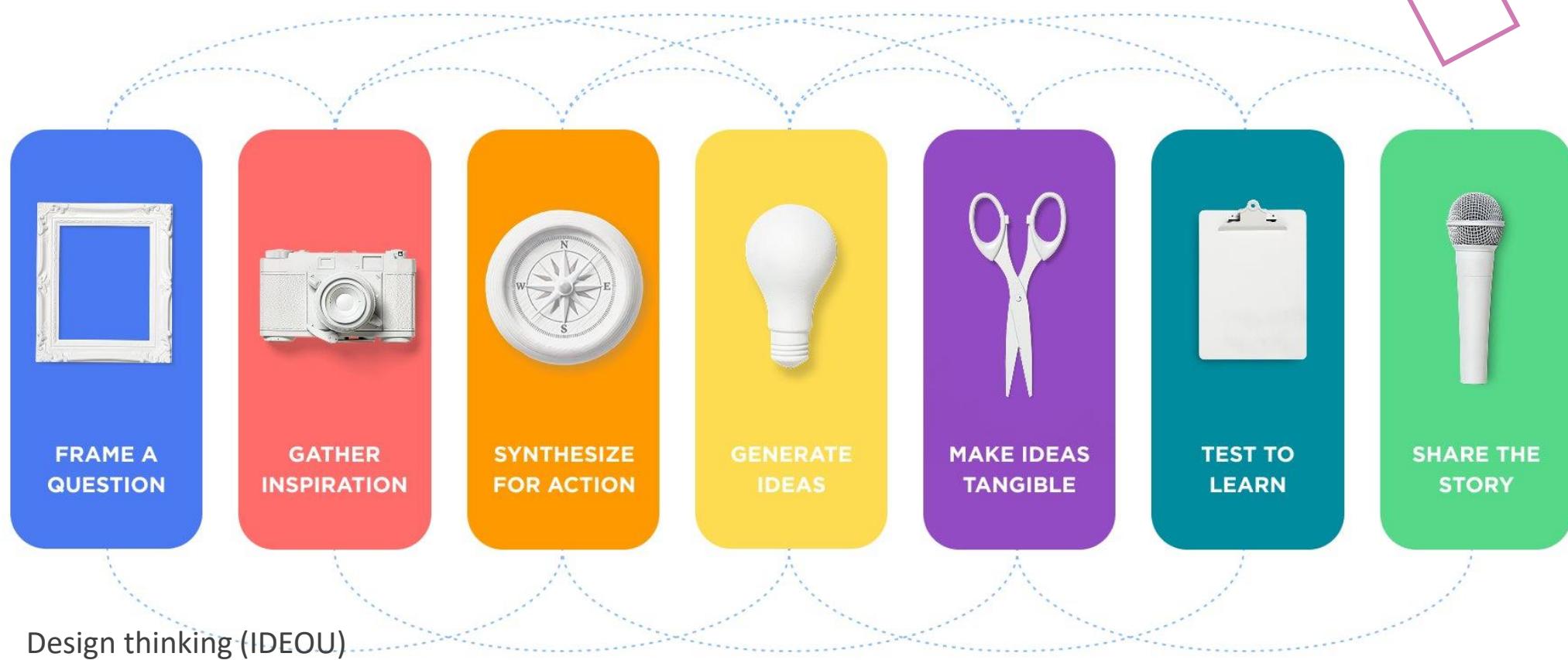


Adapted from Lawrence, A., Stickdorm, M. (2017). *This is Service Design Doing*. O'REILLY.

DESIGN THINKING MODELS



DESIGN THINKING PROCESS



DESIGN THINKING

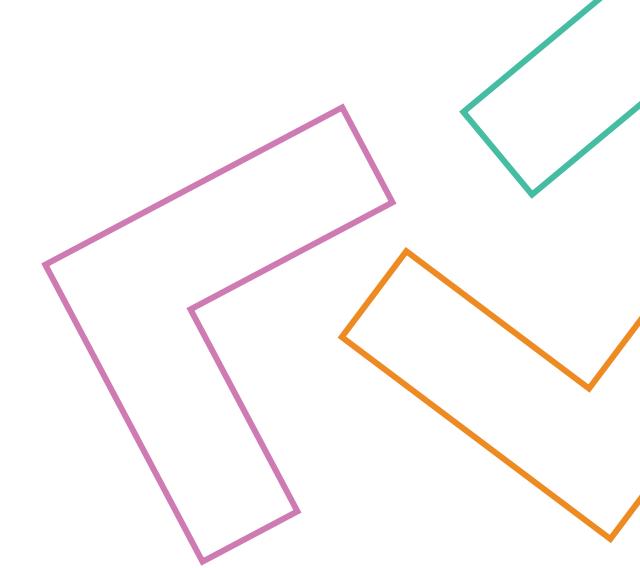
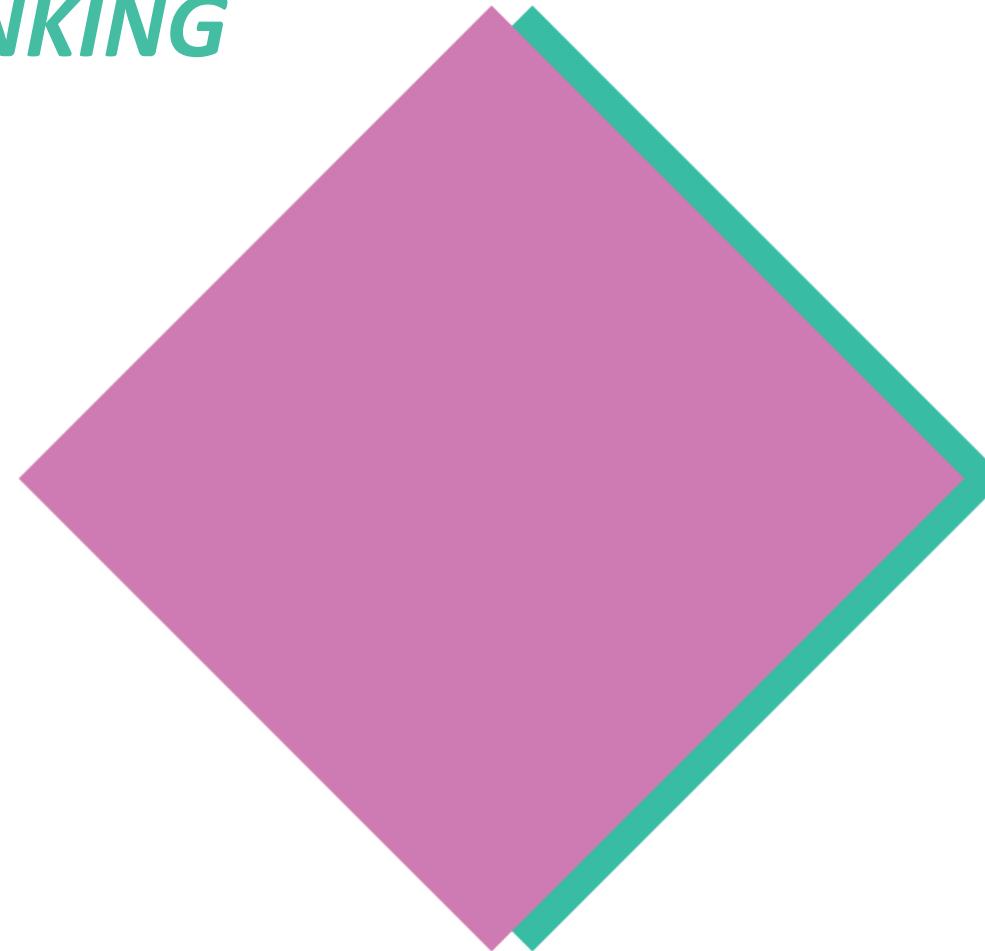
In a nutshell

- Thinking divergently & convergently
- Thinking visually & concretizing the abstract
- Emphasizing & putting yourself in the user's shoes
- Stepping out of the office, into the daily spaces of the user
- Learning by doing with prototyping & testing
- Learning with others with co-creating & collaborating
- Iterating & embracing errors and uncertainties

Nothing is ever perfect, even if it's good...



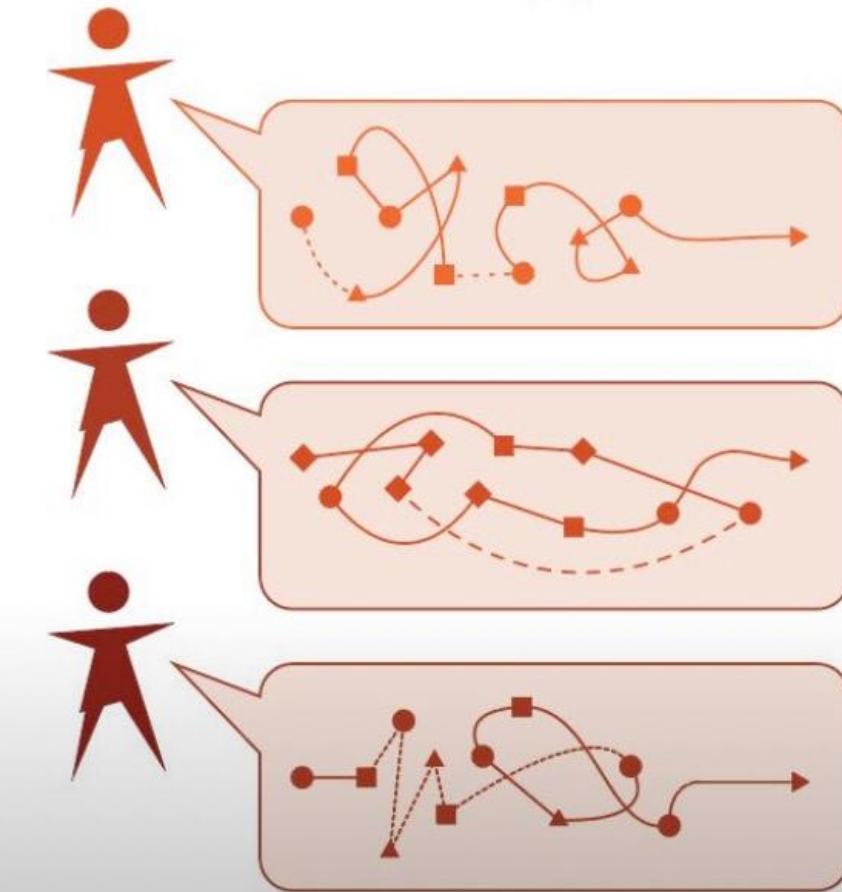
DESIGN *THINKING*



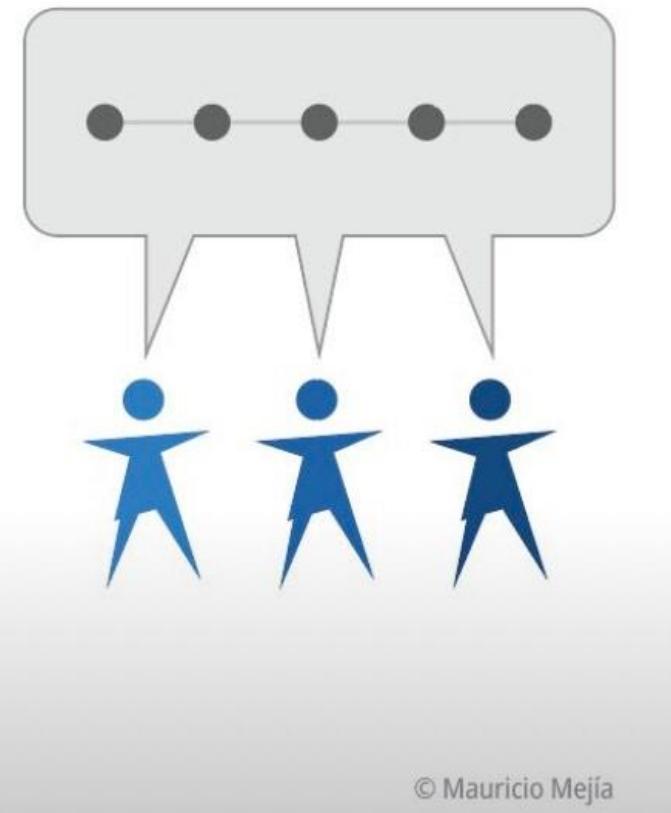
Design Thinking (Stanford d. school)

The design process and the “design thinking” process

Three designers explaining their thinking and making process in their last project:



How three people learned the “design thinking” process in a training workshop:

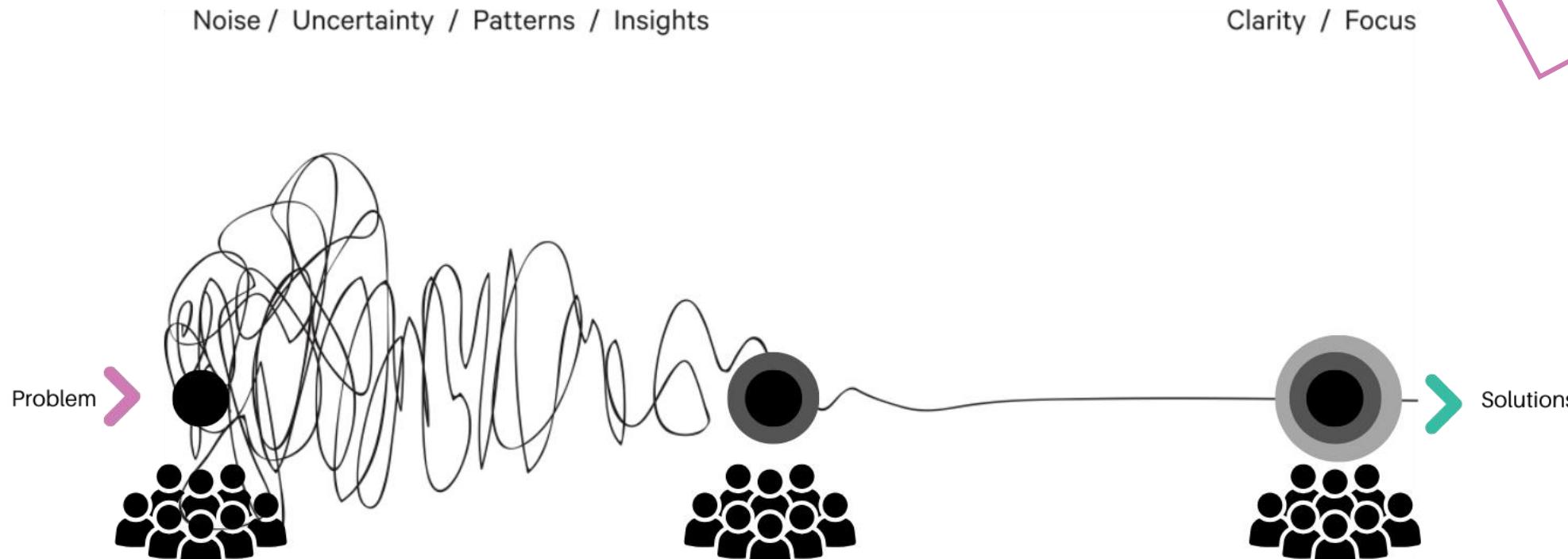


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Mauricio Mejía, Arizona State University

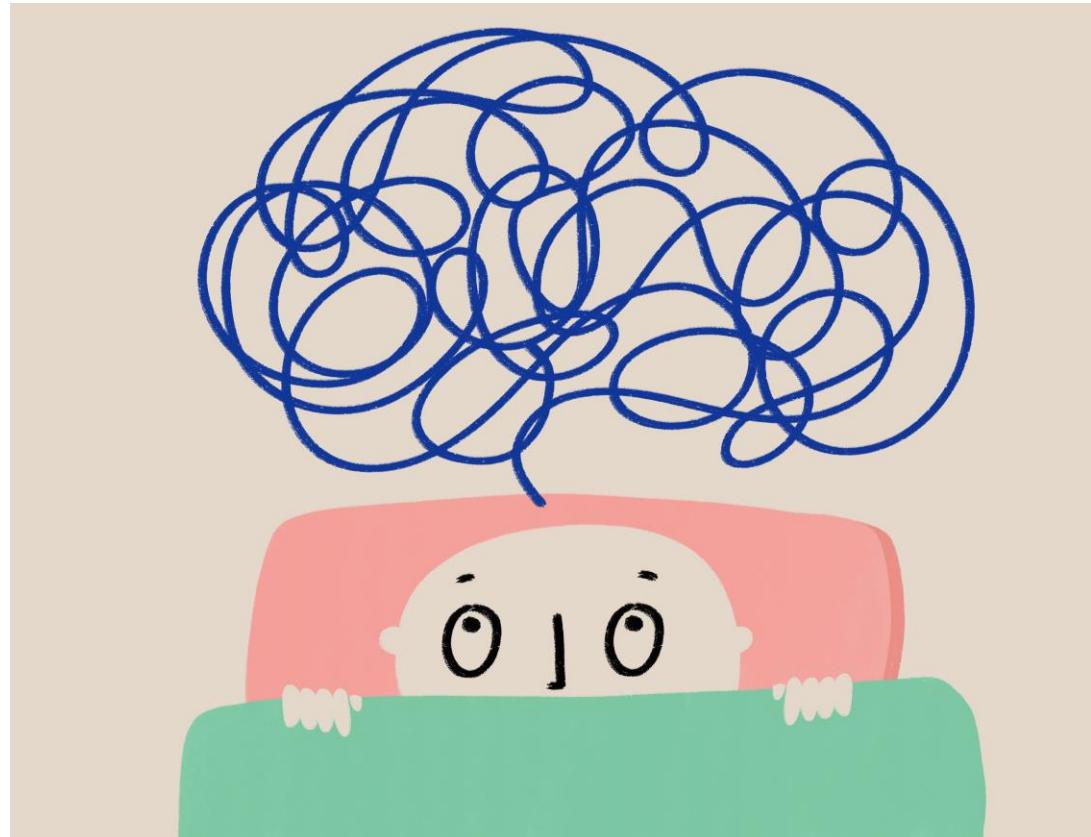
DESIGN THINKING MODELS

Design Squiggle



Design squiggle (Damien Newman)

ME AS A THINKER



Are you more of a...

1. design thinker
2. "from problem straight to the solution" thinker

My takeaway: **how can I move towards a design thinker's mindset?**

Take a moment to write it down.

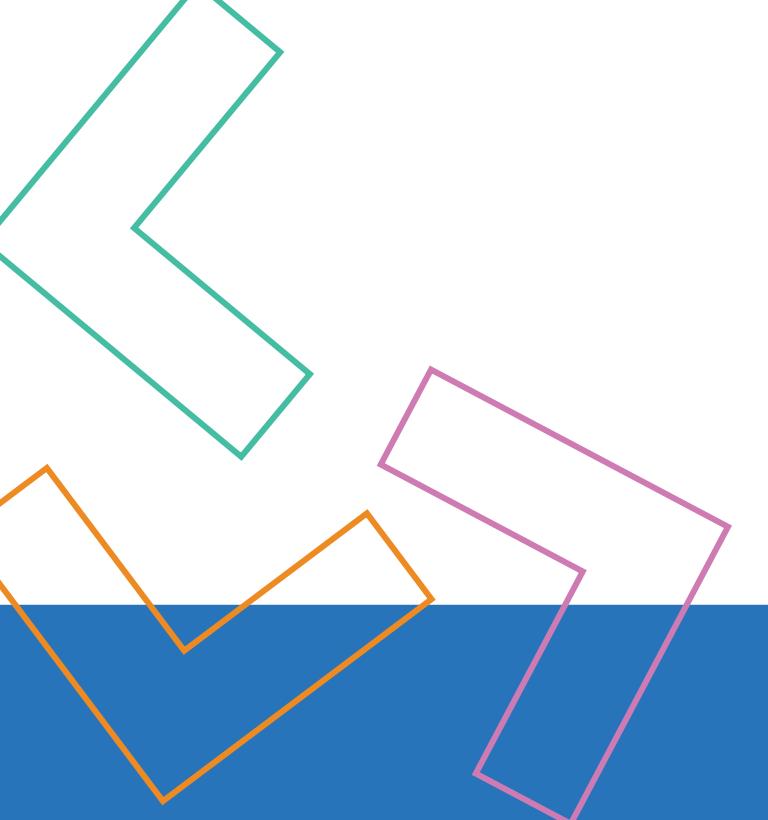
DESIGN THINKING METHODS

- Understanding the context: observation, interweaving, document analysis, benchmarking
- Switching on empathy: shadowing, day-in-the life of, profiling and building personas
- Trying yourself: mystery shopping and service/product safaris
- Getting creative: brainstorming, Crazy 8, Round Robin
- Selecting and defining: affinity diagram, decision matrix
- Building and testing with others: prototyping

Toolboxes: IDEO, SessionLab... there are many –just Google!

DESIGN THINKING IN PRACTICE





02

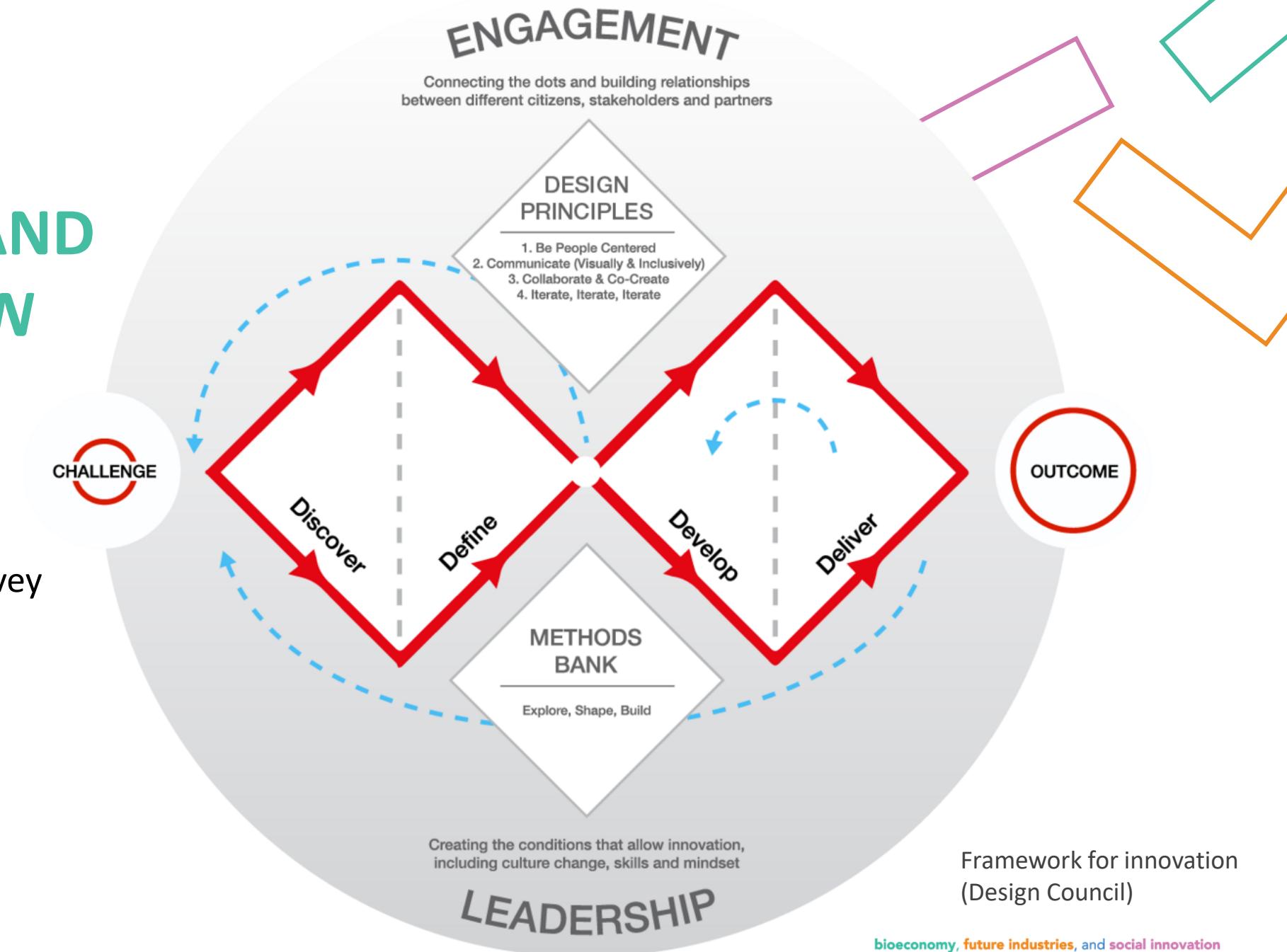
DESIGN THINKING AND INNOVATION

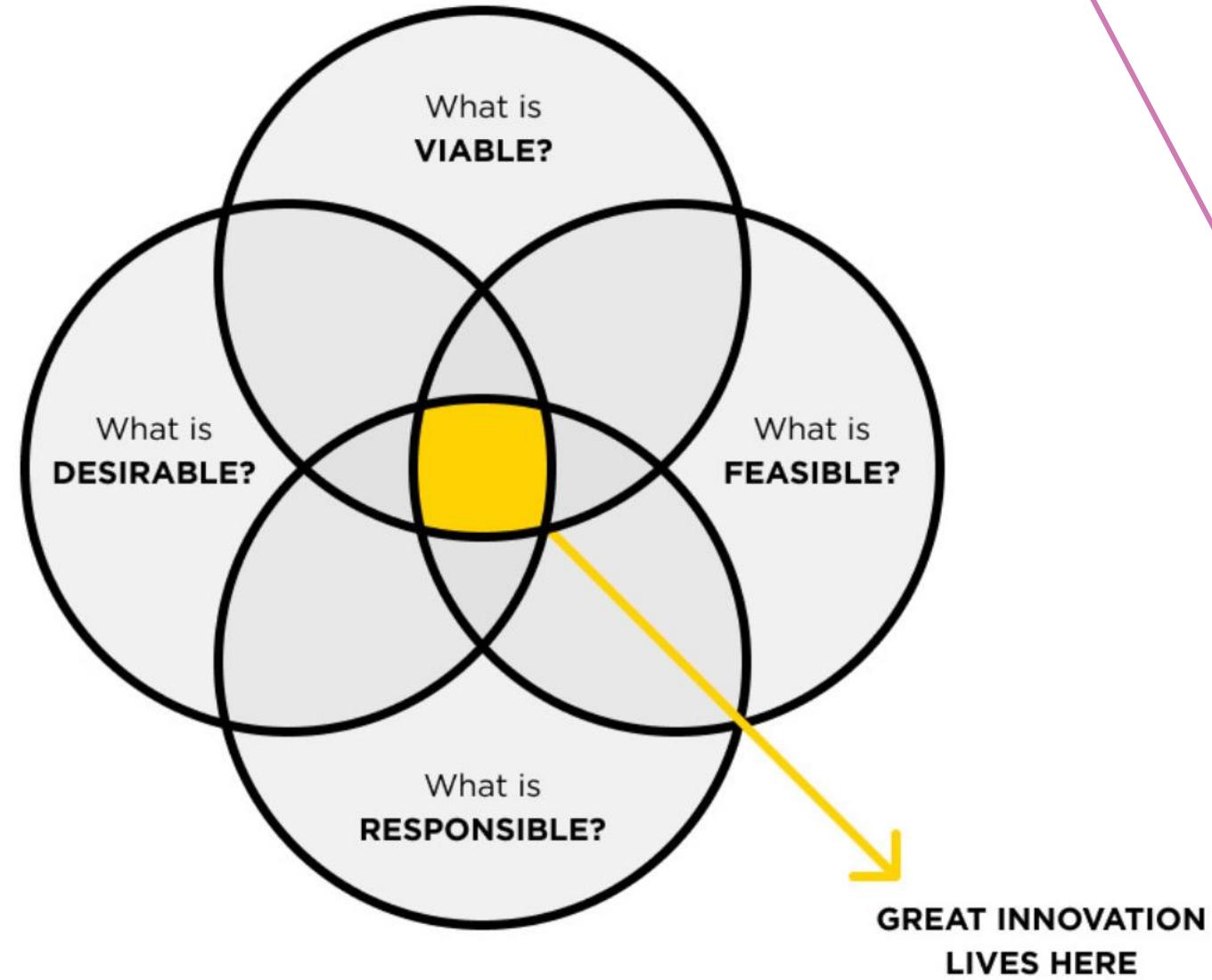


DESIGN THINKING AND INNOVATION

An **innovation** is a novelty that is made concrete, useful and **implemented** to convey value.

(Hero, 2019; mainly following Peschl et al., 2014; Sawyer, 2006; 2009; West and Farr, 1990; Quintane et al. 2011).





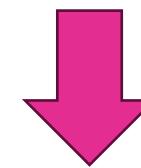
03

DESIGN THINKING AND RESEARCH

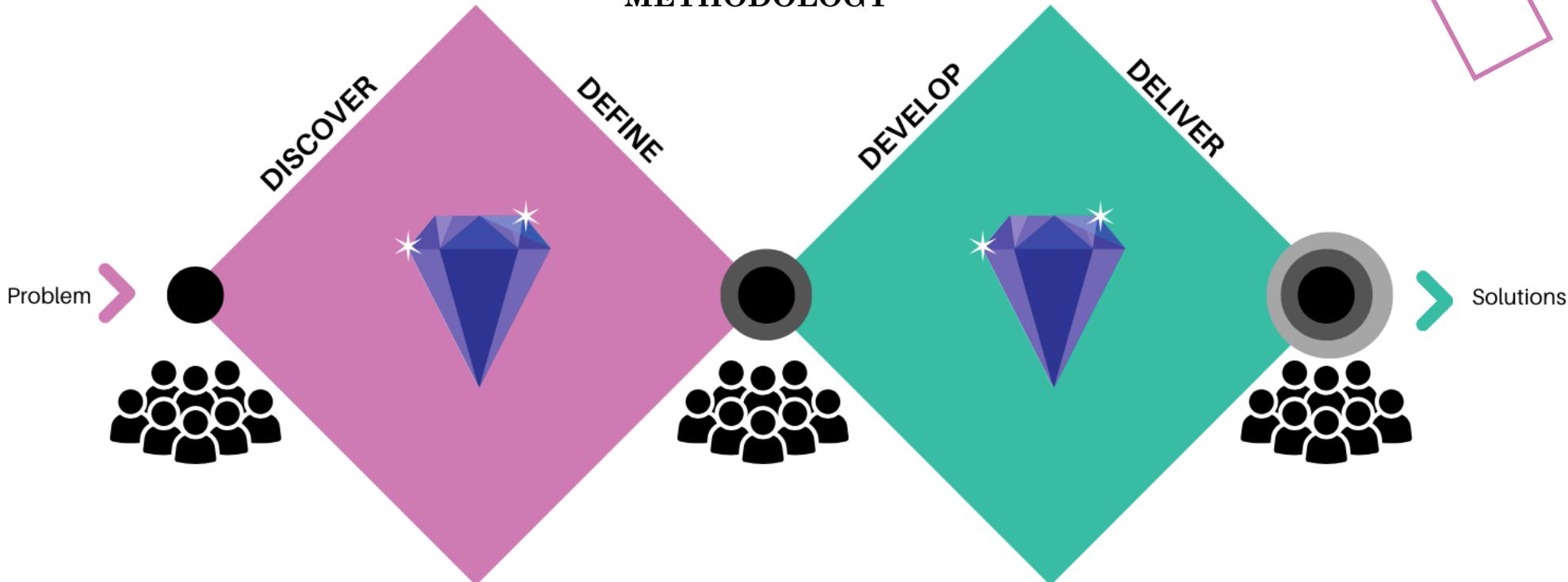


DESIGN THINKING FOR RESEARCH?

- ❖ Make discoveries about problems
- ❖ Create possible solutions



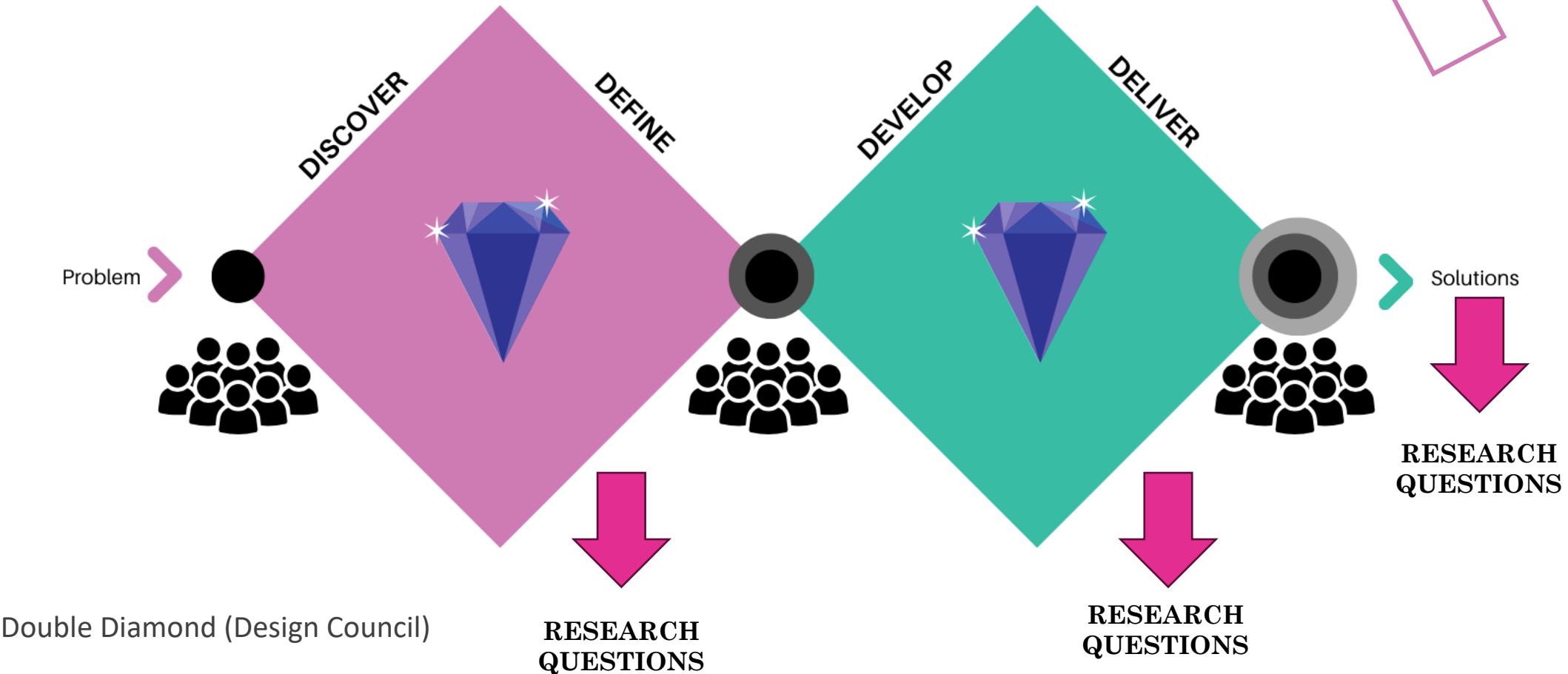
RESEARCH
METHODOLOGY



Double Diamond (Design Council)

DESIGN THINKING FOR RESEARCH?

- ❖ Make discoveries about problems
- ❖ Create possible solutions



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RESEARCH
QUESTIONS

RESEARCH
QUESTIONS

HOW COULD YOU APPLY DESIGN THINKING IN YOUR RESEARCH?

Write down your ideas and start a conversation with your colleagues.



Thanks!
Remember to fill the
self-declaration form

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