

Your guide to

Market Validation / Customer Discovery



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Supported by









- ✓ Market Validation
- ✓ Customer Discovery



A summary approach to capturing, structuring, and interpreting stakeholder insights to validate market need.



What's next?

Is your job to validate your product?

No!

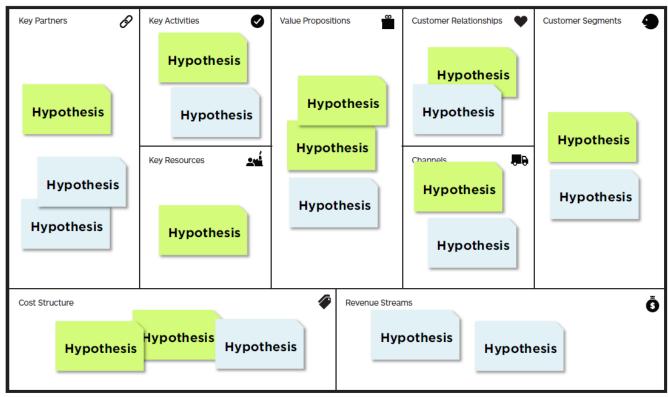
Is your job to validate the problem and how best to solve it.

Yes!

You must not try to validate what you already think or want to be true



Why?



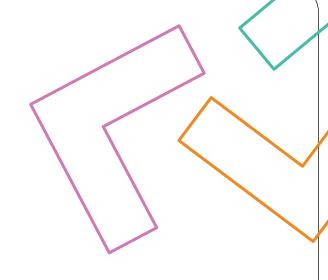
More than half of your assumptions will be wrong!



Customer discovery - What is it?

Meaningful conversations

Interacting with others to exchange information and better understand the problems and opportunities *if* they exist and any likely challenges / barriers.





Customer discovery - What is it not?

Customer discovery is not about sending out questionnaires or surveys via Linkedin or Email.



Shifting your perspective: from technology-centric to customer-centric

YOU

Technology-centric business model design

What can we sell customers?

How can we reach customers most efficiently?

What relationships do we need to establish with customers?

How can we make money from the customers?



THEM

Customer-centric business model design

What jobs do our customer need to get done and how can we help? What are our customer's aspirations and how can we help him live up to them?

How do our customers prefer to be addressed? How do we, as an enterprise, best fit into their routines?

What relationship do our customers expect us to establish with them?

For what value(s) are customers truly willing to pay?



Customer discovery

- Who should you be speaking to?
- Where do you find them?
- How do you get speaking to them?
- What do you say to them?



How will you get speaking to them?

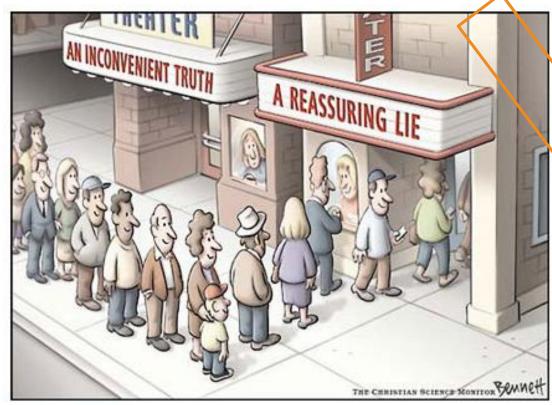


Get out of your comfort zone



Confirmation bias.

- Beware paying attention to information which confirms what you believe, while ignoring information which challenges your preconceived notions.
- It can cause you to think and listen selectively and can distort your active pursuit of facts.







Who?

- Stepping out of development phase and engaging the market in customer discovery mode.
- Meaningful conversations with;
 - ✓ Potential customers
 - ✓ Experts / KOLs
 - ✓ Regulators
 - ✓ Suppliers
 - ✓ Partners
 - ✓ Competitors
- To validate assumptions about commercial potential of a technology



Who? – Project Examples

Electricity	Energy Solution	Industry	Interest Groups and
Suppliers	Companies	Users	Experts
Bord Gais Energy	BNRG Renewables	10 Farmers	Irish Farmers
			Association (IFA)
ElectroRoute	Electricity Exchange	Agro	Mullany Energy
		Merchants	
Naturgy	Hanley Energy	BWG	MullanGrid Consulting
Panda Power	Next Gen	Carbery	NSW Planning, Ind &
		Group	Enviro Dept
SSE Airtricity	Pinergy	Lidl	PM Group
	Redflow Sustainable	Glanbia	Teagasc
	Energy Storage		
	Solo Energy	Irish Distillers	
	Tipperary Energy	Musgraves	
	Agency		
		Shannon Vale	
		Foods	



Who? **Decision Making Unit** s buyer Saboteur / Gatekeeper Influencer Ultimate Decision Maker Recommender Economic Buyer Saboteur Influencer User © VARA Innovation Specialists Limited - All rights reserved.

Who?
Economic Buyers Economic Buyer: Those who control or approve the purchase. May not be ultimate decision makek Users (People who would use the technology) [Ultimate] Decision Makers: Those with ultimate authority to buy or not. They may override designated Economic Buyer.

System integrators (Companies who would integrate your technology into their solution)

Regulators (Organisations who regulate the use of solutions for particular sectors)

Influencers: People who influence the buyer. They're often external, and can include people like trend-setters **Industry Associations / Experts ~ KOLs / Researchers**

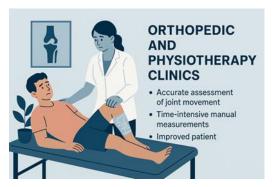




Development of self powered fabric-based sensor for monitoring joint biomechanics.

"Provide me with three key categories of organisations to speak with and why, each offering unique perspectives on their customer jobs, pains and gains and insights into value, adoption, integration, and purchasing. If you have any queries before answering, please ask"





Category 1 - Orthopedic and Physiotherapy Clinics

Why: These frontline health providers directly monitor and rehabilitate joint function in patients with injuries, arthritis, post-op recovery, or neuromuscular conditions.

- **Customer Jobs:** Accurately assess joint movement and progress, deliver personalized therapy, ensure patient adherence.
- **Pains:** Time-intensive manual measurements, poor patient compliance, subjective assessments, lack of continuous data.
- **Gains:** Objective, real-time biomechanical data to inform therapy, improved patient engagement, better outcomes.

Insights Offered: Value of wearable vs. clinic-based tools, barriers to clinician adoption, integration into workflows, and purchasing constraints within private vs. public care settings.





Category 2 - Elite Sports Teams and Performance Institutes

Why: These organizations invest heavily in athlete monitoring, injury prevention, and performance optimization—early adopters of high-performance tech.

- **Customer Jobs:** Monitor athlete biomechanics, prevent injuries, optimize training regimes.
- Pains: Bulky or intrusive gear, limited real-time data, difficulty tailoring load and movement feedback during play.
- **Gains:** Lightweight, real-time, unobtrusive tracking of joint mechanics under stress, leading to data-driven performance gains.

Insights Offered: Willingness to pay for performance edge, technical integration needs (e.g., with motion capture or coaching platforms), and expectations for real-time feedback and durability.





Category 3 - Insurers and Occupational Health Organisations

Why: These stakeholders focus on injury prevention, cost reduction, and returnto-work programs—especially for aging workers or those with repetitive strain injuries.

- Customer Jobs: Reduce claims, monitor recovery, assess injury risk in workplace environments.
- Pains: Poor data on physical strain and joint health, slow recovery timelines, expensive claims.
- **Gains:** Objective, continuous monitoring to reduce risk and validate recovery, enabling better claims management and return-to-work decisions.

Insights Offered: Economic value proposition, evidence needs for reimbursement, data privacy concerns, and how remote monitoring influences cost/risk calculations.





Exercise

What categories will you need to target?

Can you name any organisations under each category?



How do you find them?

- Explore your own network
- Your extended network who does your network know?
- Online desk research
- Market reports (From samples available online)
- Industry association membership directories
- Speakers at themed events
- Tradeshows
- Business networking websites Linkedin is your friend

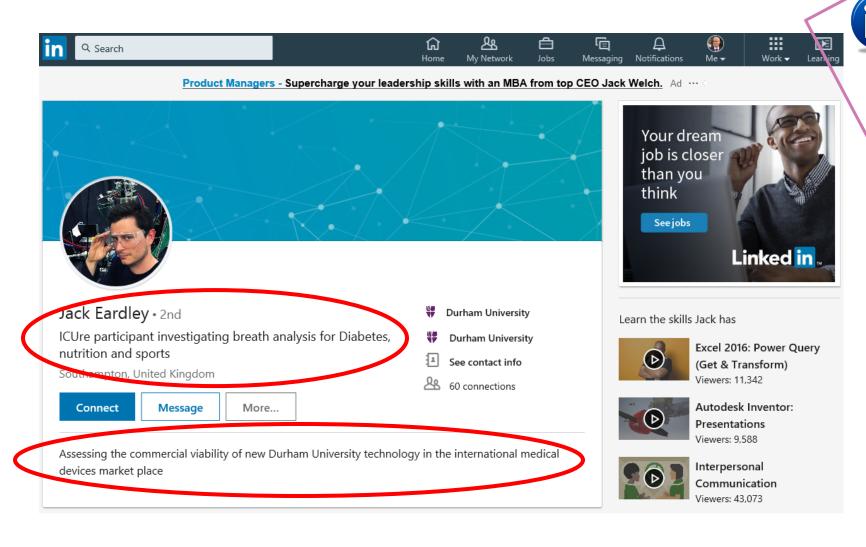


Where do you find them?

- First you need to identify them
- Invariably 'cold calling' will be required
- You need to get used to talking to strangers
- Your approach to cold-calling needs to be planned
- Cold-calling is more effective when used in conjunction with E-mails.
- LinkedIn is an excellent market prospecting tool ('softens' the cold-call element)
- From a premium account you can send LinkedIn mail to 45 contacts each month.

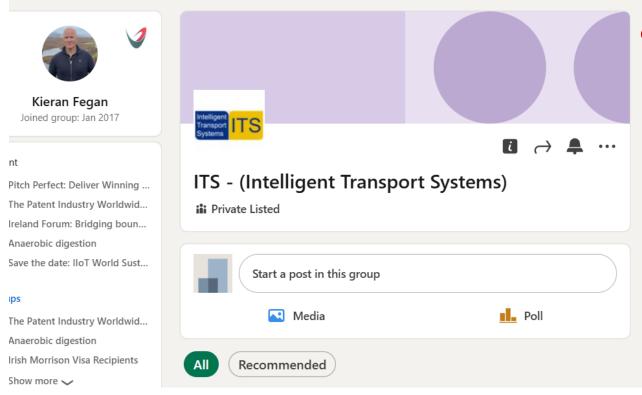


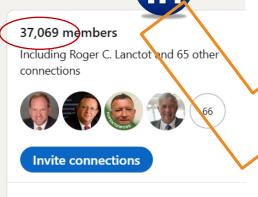
Personal Profile











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Admin



John Chatfield

2nd Owner

Technical Programme

Manager MCMI. - Telecoms,
Engineering, Transport,





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Members Directory















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Combustion Ingenieros SAS









Toppan Edge Inc.

Address: 1-9-1 Higashi-shinbashi

City: Minato-ku

ZIP Code: 105-7311

Country: Japan

Website: www.toppan.co.jp

Contact Name: Yuko Masunaga

Email: yuko.masanaga@toppan.co.jp

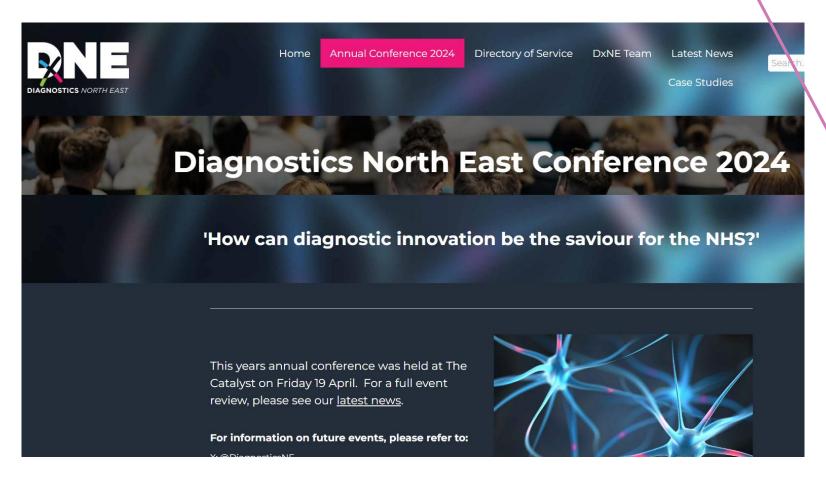
Phone: +81 80 8066 6568





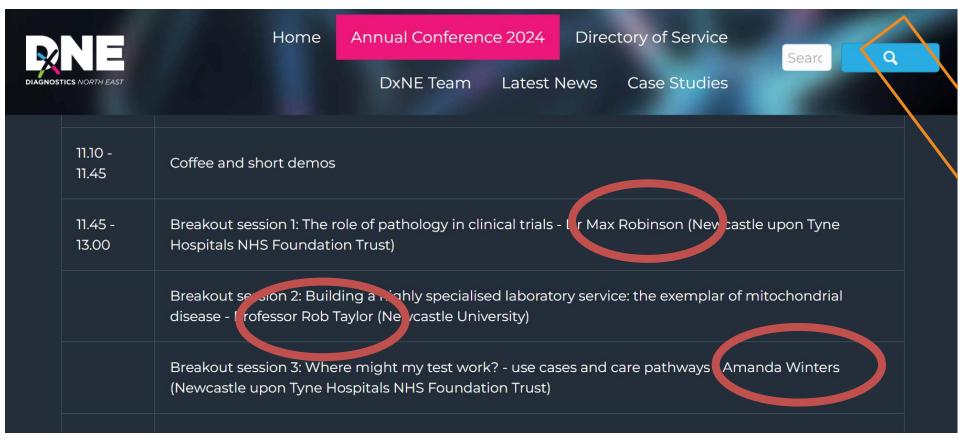
TOPPAN





















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IPC Speakers



MICHAEL REYNOLDS Principal Scientist, Emerging Infections and Zoonoses Team - UKHSA



LISA STEVENS Senior Scientific Advisor - UKHSA



SINGANAYAGAM Consultant Virologist UKHSA

ANDREW BARTON

Nurse Consultant IV

Therapy and Vascular

access / NIVAS Chair -

Frimley Health NHS

Foundation Trust

Professor in



RACHAEL LEE Advanced Practice, BSc (Hons) Nursing -Queens Nurse Acting Programme Manager National Wound Care Strategy Programme



PROF. MARK WILCOX National Clinical Director for Antimicrobial Resistance & Infection Prevention



HELEN DENT Chief Executive Officer BIVDA



VICTORIA PYE Gateshead Health NHS Foundation Trust

View and connect with on Linkedin



JACQUI FLETCHER Senior Clinical Advisor STOP the Pressure Programme & Clinical Lead Pressure Ulcers



DR. TOM BEWICK Consultant Respiratory Physician University Hospitals of Derby and **Burton NHS Trust**



JANE TODHUNTER President - Society of Vascular Nurses



DR. GREGORY MARTIN National Clinical Lead for Health Protection Surveillance, Health Protection Surveillance Centre







MARIA

GIANNAKOPOULOU

Lead Clinical Nurse

Specialist in Vascular Access, Greater Cambridge Area

Head of Clinical Products Management, Black Country Alliance

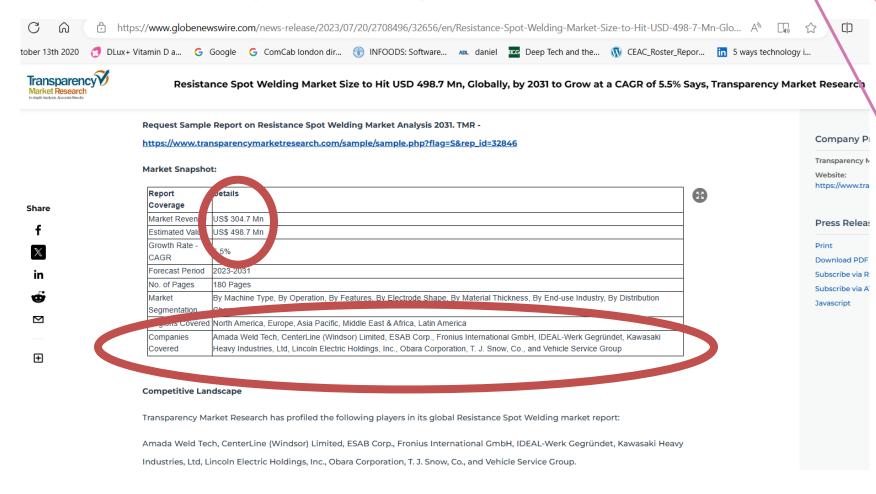








Finding the Right Connection







Exercise – Development of self powered fabric-based sensor for monitoring joint biomechanics.

"For the early-stage technology as described, provide me with - what roles / positions should I target to validate / invalidate the customer jobs pains and gains for the Elite Sports Teams and Performance Institutes use case? If you have any queries before answering, please ask"





Category - Elite Sports Teams and Performance Institutes

1. Head of Sports Science / Performance Director

- Why: Sets strategy for athlete monitoring, selects technologies, and oversees integration with coaching and medical teams.
- **Insights:** Strategic jobs-to-be-done (e.g., improve training loads, prevent injuries); key pain points around fragmented or inaccurate data; desired gains around reliable, non-invasive, real-time insights.

2. Strength and Conditioning (S&C) Coaches

- Why: Work hands-on with athletes and use data to guide strength training, recovery, and load management.
- **Insights:** Daily friction in data collection; pains of poor compliance or non-portable tech; desire for wearables that don't hinder movement or require calibration.

3. Team Physiotherapists / Sports Therapists

- **Why:** Handle rehabilitation, recovery tracking, and physical assessments.
- Insights: Clinical pain points like lack of continuous monitoring post-injury; jobs like tracking recovery
 progress or detecting compensatory movements; gains from seamless feedback loops between
 therapy and training.





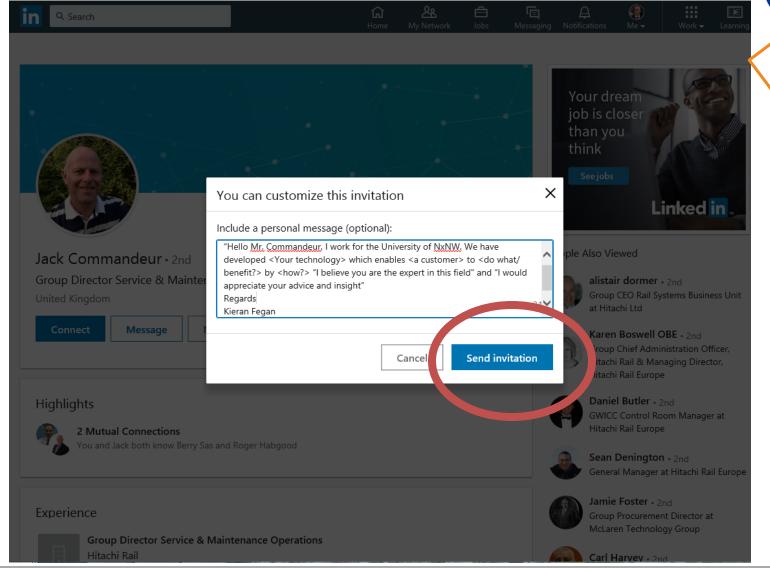




- If you know the name of the person, search the name and try to connect directly
- If you don't know the name, search the company for keyworks in job titles in the company
- Search for target company's Employee lists
- Look up name of prominent people in the field
- Always be networking



Making the connection effectively









Making the connection effectively

Dear Patty,

I am an innovation consultant based in Ireland – I hope you are well.

I'm dropping you a line as I am assessing the market for a novel technology that may address challenges relating to endoscope procedure delays in hospitals It is being developed by Trinity College, Dublin in collaboration with St James's Hospital in Dublin, Ireland. St James's is the largest hospital in Ireland and has the busiest Endoscopy Unit in the country.

Could we schedule a cli you are suitable Adventheath colleague to get your views and inform the route forward? This is a University technology; we are therefor not in sales mode – rather we are in the market for good constructive feedback from experts with respect to better understanding ne problems this earned an account solve or the opportunities it could create. We would be very grateful for the opportunity to get your quality feedback on the project at this early stage.

Best Regards

Kieran Fegan

VARA

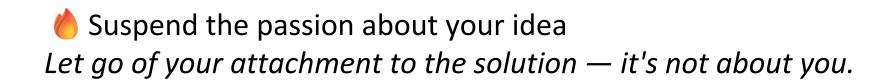


Planning your interview strategy



Customer discovery

It is not an opportunity to sellApproach conversations to learn — not to pitch.



Replace it with curiosity about their problems Dig into their world. Ask. Listen. Explore.

Dial out any bias
Avoid leading questions. Don't seek validation — seek truth.



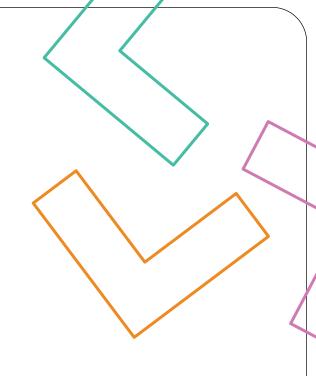
Interview Techniques

- Be polite and professional.
- Interview via a Teams / Zoom platform or in person if possible

(So you can see their reactions)

- Telephone next best
- Survey Monkey



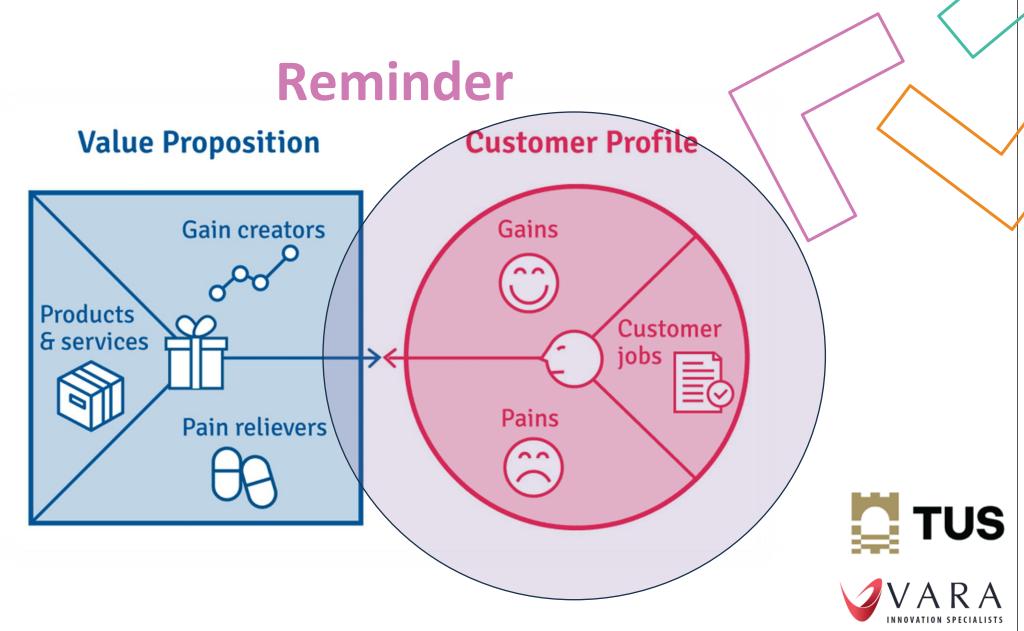




Before You Go Interviewing

- Stay Curious You don't know the real problem yet.
- **®** Be Clear Know what you need to learn.
- Rehearse Script your opening. Test it on friends.
- **Check Your Bias -** Don't just hear what you want to hear.
- **Lean Into Discomfort -** The best insights might sting.
- **Trust Patterns, Not One-Offs** Don't form conclusions based on one or two interviews.
- **Adapt** Different roles need different questions.





Basic structure of the conversation

 A big thank you for their time and then introductions.

Start with:

- Context
- Present state problems, existing solutions, consequences etc.

End

Solution overview

- with:
- Invite candid (blunt) feedback
- Summary discussion with actions if appropriate.







- What do you do now in the context of [problem/task]?
- What are you trying to achieve?
- What are the top 2–3 challenges?
- How often do these challenges occur?
- Tell me about the last time it happened—what did you do?



% Interview – Explore Workarounds & Impact

- What have you done to solve this?
- What did / didn't work well about those attempts?
- On a scale of 1–10, how would you rate those solutions? Why?
- What is the consequence or cost of this problem?



Interview – Gauge Priority& Openness

- Is solving this a priority right now?
- What could a good solution achieve for you?
- If you had a magic wand, what would the ideal solution look like?
- Would you be open to reviewing a future concept?
- Who would need to approve a trial or purchase?
- Letter of support



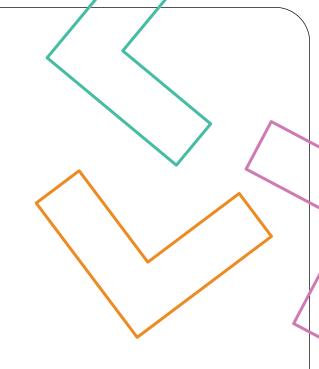
X Bad Questions

- "Would you switch if something cheaper and more effective was available?"
 Leads the witness. You're pitching, not listening.
- "Would you buy a product which did X?"
 Too hypothetical people are bad at predicting their own behavior.
- "Would you pay X for a product which did Y?"
 Price questions are unreliable without real-world context.
- "Would you ever...?"
 Vague and speculative. Ask about what they've done, not what they might do.
- "We spoke to ABC, they loved it. What do you think?" Anchors the conversation. You'll only hear validation.
- # "I assume you too have this problem?"
 That's not a question it's a trap. You're feeding them your assumption.



Interview Process – Your solution

- What is their view of (Your solution)?
- Why or Why not?
- Would that be of value to them?
- Why or Why not?
- What would make it better? Why?
- Any other thoughts?
- Is there someone you can think of that I should be talking to?





5 Whys

1. Why is turnaround time for diagnostic results a significant challenge for your lab?

A "Because clinicians are often waiting on us to make treatment decisions, and delays can impact patient care."

Symptom

2. Why do these delays typically happen in your lab?

A "Our process involves many manual steps, and any bottleneck along the way slows down the entire workflow."

3. Why are there so many manual steps in your workflow?

Symptom

A "We're working with older equipment that requires manual input and oversight at multiple stages."

Symptom

4. Why hasn't the lab upgraded to more automated or streamlined equipment?

A "Budget constraints make it difficult, and management prioritizes other areas over upgrading our tools."

Symptom

5. Why do you believe budget constraints consistently prevent equipment upgrades?

A "Funding decisions are based on short-term costs rather than long-term efficiency gains. We don't have enough data or metrics to justify the return on investment for newer technology."





...Is it a Really Big Problem?

- How many people or companies have this problem? Is it a big enough market? Will it scale?
- How much time or money is spent (or lost) because of it?
 Big pain = more willingness to pay for a fix.
- How well is their current solution working?
 Would they switch if something better came along?
- Are there external market drivers (e.g., regulation)?
 Do they have to solve this or just want to?





- "Is there anything I didn't ask that I should know?" Invite unexpected insights. Let them steer.
- "Is there anyone else you think I should talk to?"

 Great way to expand your reach with warm referrals.
- "Can I follow up with you?" (if appropriate)
 Use this for future check-ins, trials, or letters of support.
- Say "THANK YOU" again.



Interview Dos & Don'ts

Good Discovery Habits

- Disarm the sales pitch mentality
- Ask insight-driven, open-ended questions
- Ask follow-up questions
- Aggressively listen then listen more
- Why-why-why-why
- Get data points
- Parrot back to confirm
- Ask for further introductions
- Create ongoing relationship opportunity (if appropriate)
- Thank the interviewee

X Common Discovery Mistakes

- Selling your idea
- Talking too much about your solution or technology
- Not listening or zoning out
- Yes/No or "Learn nothing" questions
- "False positive" questions
- Biased questions
- Interrupting or disagreeing
- Missed opportunities to dig deeper
- Forgetting what was said (no notes)





Reflect

- Validation. What reinforced your thinking
- Invalidation. What contradicted your thinking?
- Points of interest. What surprised you that you didn't anticipate?
- Review notes / audio. What didn't you catch in the moment?
- Identify key takeaways. What would you tell a coworker if you had 30 seconds?
- Determine any next steps. How does this change your next interview?





- You will find that some of your initial assumptions were incorrect
- You will also find new insights to ponder
- These may involve pains/gains, but may also include who you think/thought your customer was
- May also include what you thought the application was
- Update your canvas with your new ideas/assumptions found from interviews
- Repeat as needed
- Use validated insights in subsequent interviews





Iterate v Pivot

Hypothesize

Guess

■ Test – Interviews

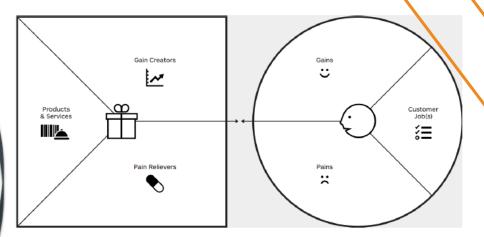
Ask

Assess & Analyze

Listen

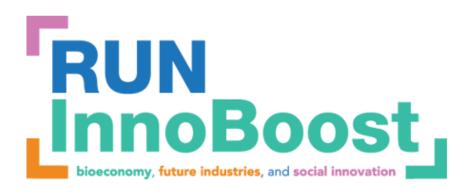
Adjust – Pivot

Guess Again



As you go through the process your Canvas changes!





Follow our Journey











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